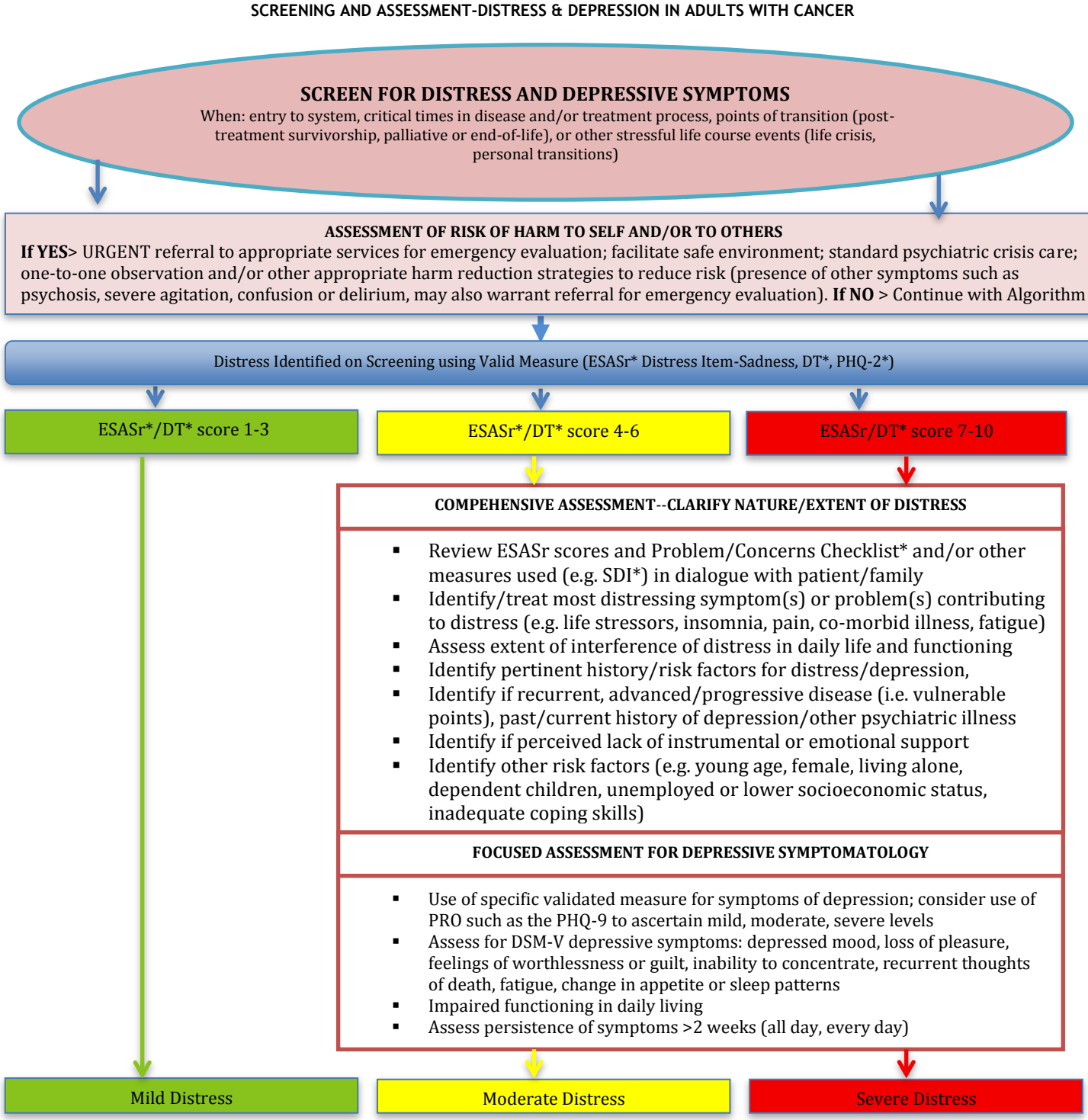
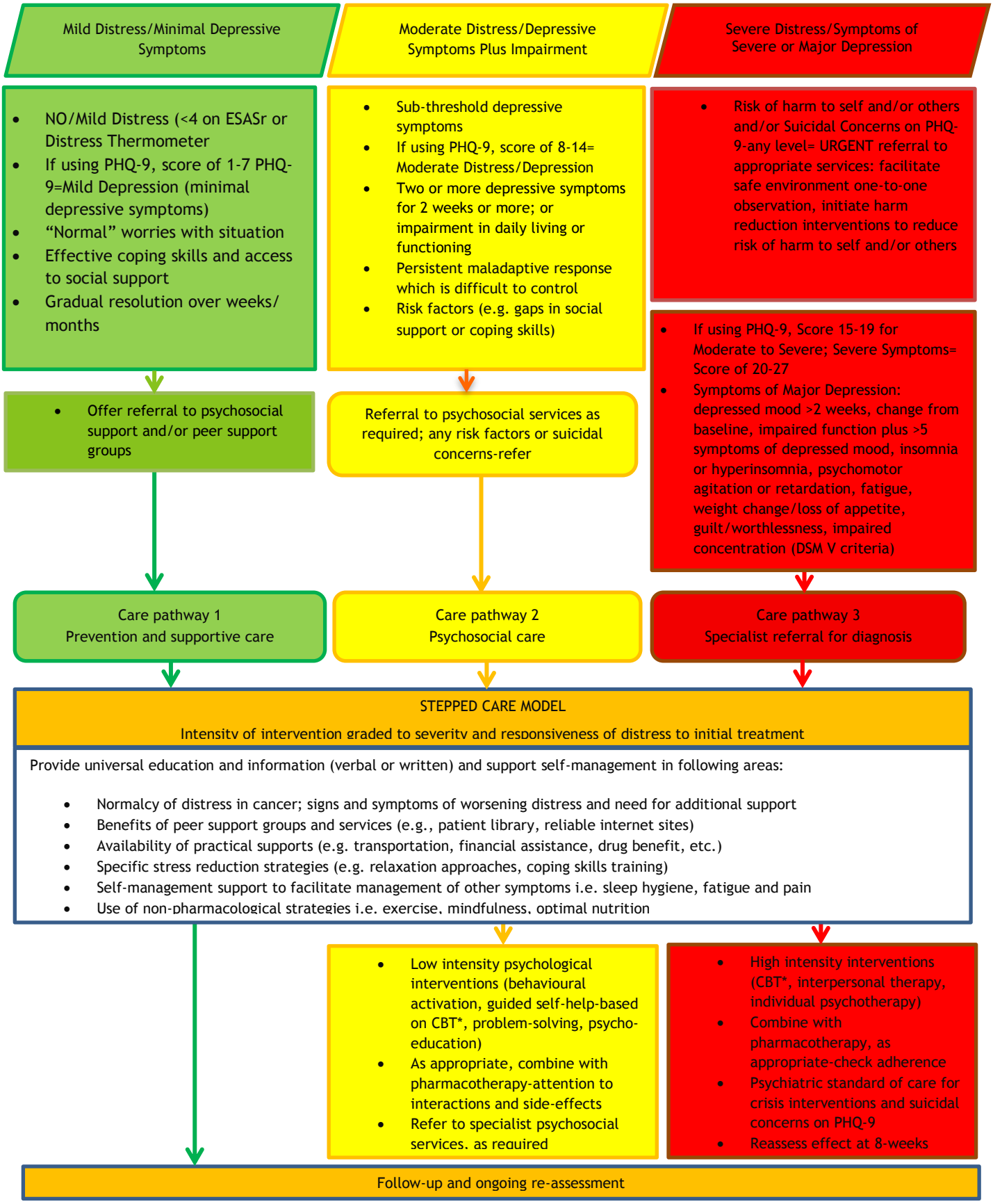
1.A Algorithms for Cancer-Related Distress, Depression, & Global Anxiety



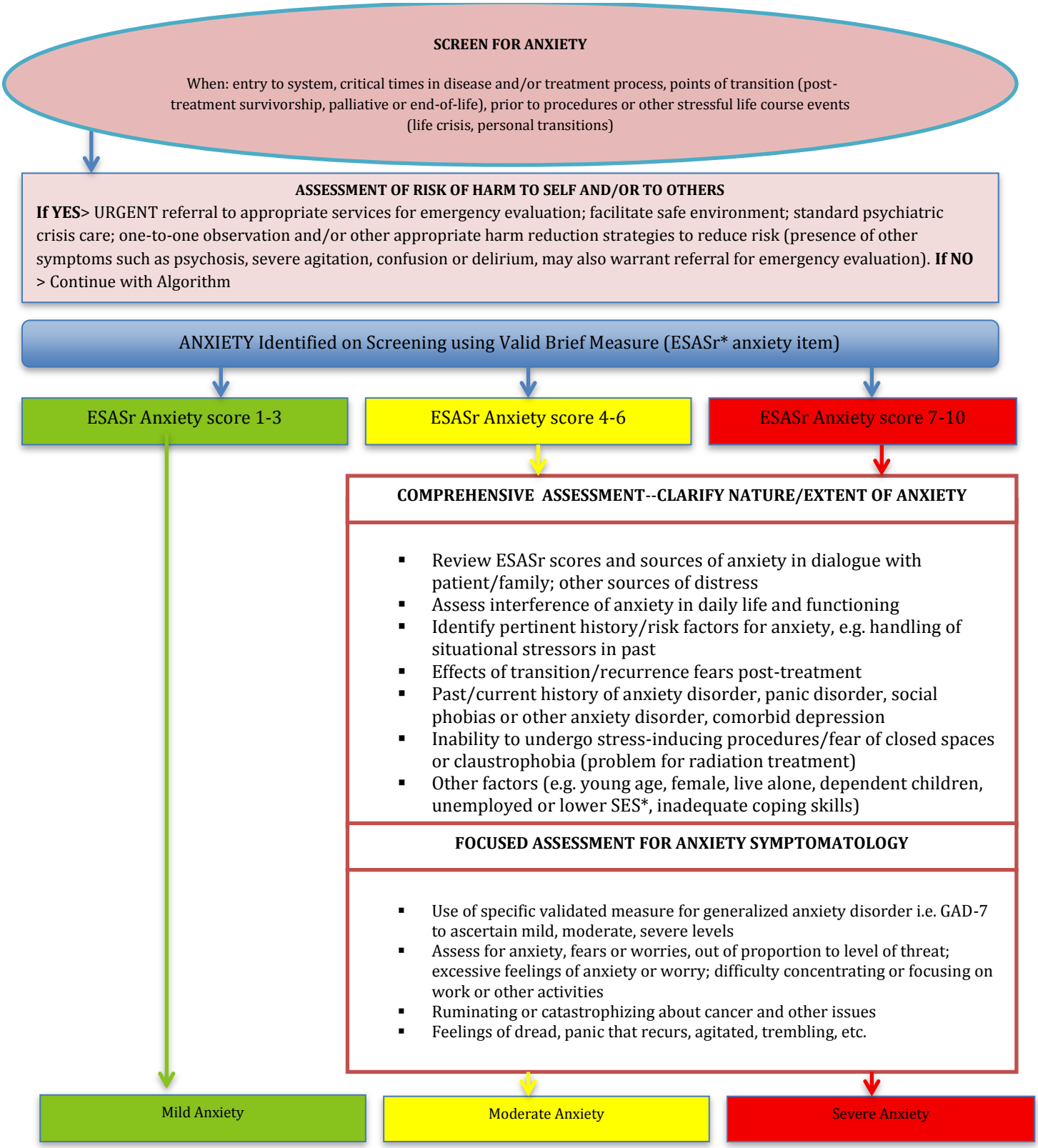
ESASr=Edmonton Symptom Assessment Scale Revised; PHQ-9=Patient Health Questionnaire- 9 items; PHQ-2=2 item screener for depression; use of algorithm does not substitute for appropriate clinical judgment; Reference: Howell et al. Screening, Assessment and Management of Psychosocial Distress, Anxiety and Depression. Canadian Association of Psychosocial Oncology (CAPO) 2015.

CARE MAP-DISTRESS AND DEPRESSION IN ADULTS WITH CANCER



* CBT-cognitive-behavioral therapy;*major depression based on clinical interview or threshold depression on valid tool

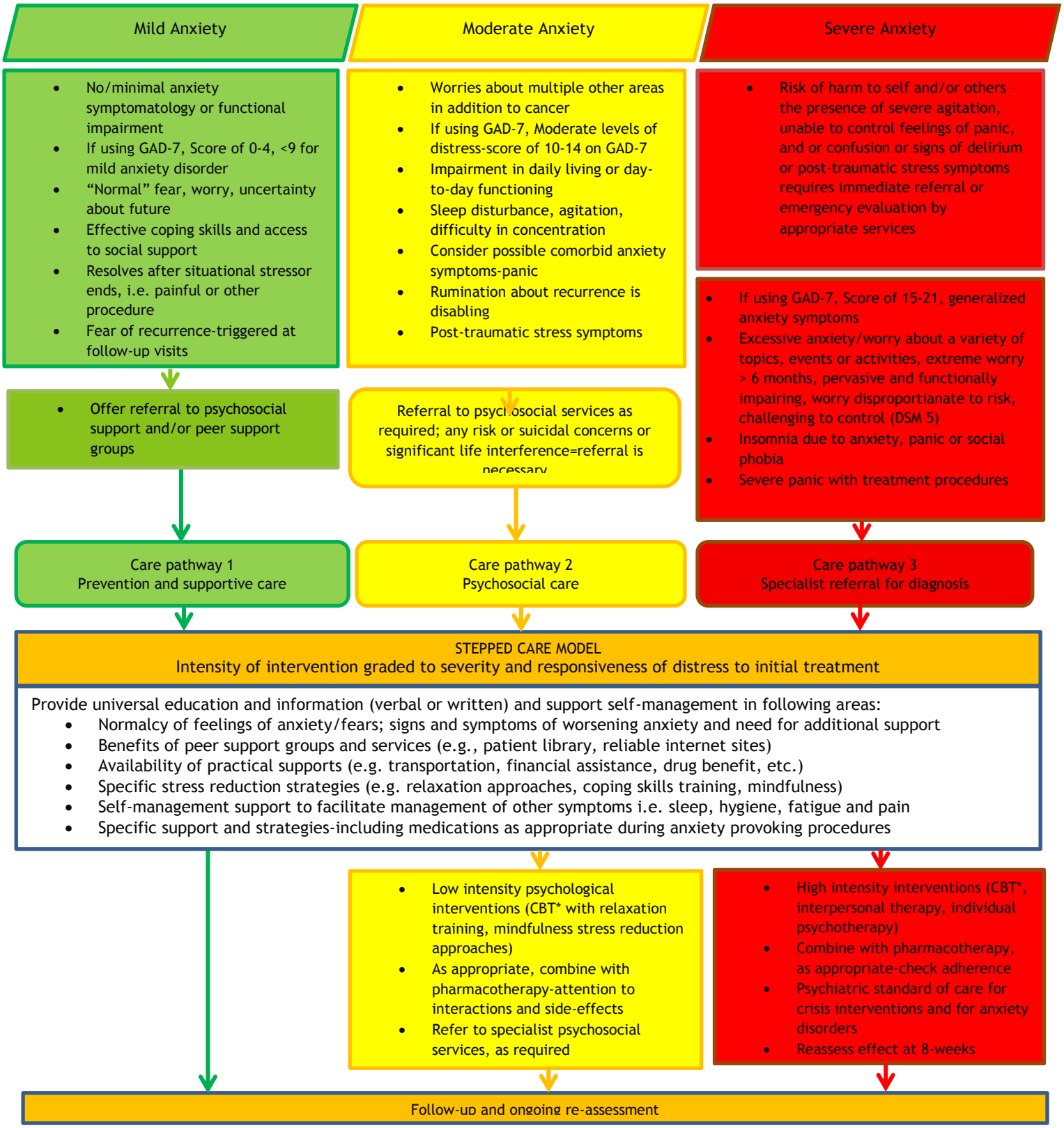
SCREENING AND ASSESSMENT-ANXIETY IN ADULTS WITH CANCER



ESASr=Edmonton Symptom Assessment Scale Revised; GAD-7=Generalized Anxiety Disorder 7 items; *Socioeconomic status-SES; Team decides referral standard; Reference: Howell et al. Screening, Assessment and Management of Psychosocial Distress, Anxiety and Depression, Canadian Association of Psychosocial Oncology (CAPO) 2015. Use of algorithm does not substitute for appropriate clinical judgment.

Howell et al. Canadian Association of Psychosocial Oncology, 2015
REFERENCE-Howell et al. 2015 Distress Guideline, Canadian Association of Psychosocial Oncology
Reference: Howell et al. Screening, Assessment and Management of Psychosocial Distress, CAPO

CARE MAP-ANXIETY IN ADULTS WITH CANCER



* CBT-cognitive-behavioral therapy

Figure 1.A.1: Algorithm for Cancer-Related Distress, Depression & Global Anxiety